

# African/African Caribbean Men's Club

**Come and join us**

**Free refreshments**

**Date:**

**Time:**

**Venue:**



# PLAY DOMINO TALK PROSTATE

**'SPOT THE SIGNS OF PROSTATE CANCER'**



## DID YOU KNOW THAT:

- ❗ IN THE UK, **1 IN 4** BLACK MEN WILL BE DIAGNOSED WITH PROSTATE CANCER IN THEIR LIFETIME. THIS IS **DOUBLE THE RISK** FACED BY ALL MEN (1 IN 8)
- ❗ MOST MEN WITH EARLY PROSTATE CANCER HAVE **NO SYMPTOMS AT ALL**. THAT'S WHY IT'S IMPORTANT TO KNOW YOUR RISK AND **TAKE ACTION EARLY**.
- ❗ MOST BLACK MEN **AREN'T AWARE** THEY HAVE AN INCREASED RISK OF PROSTATE CANCER
- ❗ BLACK MEN ARE MORE LIKELY TO GET PROSTATE CANCER IF THEY'RE AGED **45 OR OVER**, AND **THEIR FATHER OR BROTHER HAS HAD IT**.
- ❗ IF YOU'RE A **BLACK MAN AGED 45 OR OVER**, SPEAK TO YOUR GP ABOUT YOUR RISK OF PROSTATE CANCER. **DON'T WAIT FOR SYMPTOMS**.



Centre for BME Health  
reducing health inequalities

University Hospitals  
of Leicester  
NHS Trust



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*aid*<sup>®</sup>



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[www.ourhealthourway.org.uk](http://www.ourhealthourway.org.uk)